



**Hamilton
Health
Sciences**

**CENTRE FOR PARAMEDIC
EDUCATION AND RESEARCH**

**CME PROGRAM and CATALOGUE
2026**

WELCOME TO YOUR 2026 CME PROGRAM AND CATALOGUE!

~Follow us on Social Media for CME Updates
and other exciting CPER events!~



WHAT IS CME?

Continuing Medical Education (CME) allows Paramedics to maintain and enhance knowledge, skills and judgement, and to learn about different clinical situations that may occur less frequently in the field. CPER strives to provide essential courses and new learning opportunities for Paramedics through our CME programming. In order for CME credits to be allocated, the educational activity must enhance the clinical practice of Paramedicine at the certification level of the Paramedic and must be approved by CPER.

Ideally, Paramedics will take the initiative to seek out self-directed CME opportunities for their own professional growth and development. However, the CPER CME program provides a variety of options for Paramedics to acquire CME credits prior to the CME deadline. Primary Care Paramedics are also encouraged to engage in as many CME opportunities as possible to support continued professional growth and improvement of knowledge, skills and judgement.

WHAT CME CREDITS AND/OR ONLINE MODULES DO I NEED TO COMPLETE TO MAINTAIN CERTIFICATION?

The requirements for CME credit reflects the provincial mandate of 8 credits annually for PCPs and 24 credits annually for ACPs. As always, 8 of these credits are granted when Paramedics attend an education session in the form of an Annual Practice Review (APR) in each certification year. This APR is a mandatory session for all CPER Paramedics.

In addition to successful completion of the 8 credit APR CME, ACPs are required to obtain a minimum of an additional 16 CME credits during each certification year.

Paramedics must complete mandatory online modules and CME requirements AND provide proof of completion when required to CPER by Thursday January 21, 2027 at 1600hrs. It is the responsibility of the Paramedic to ensure that the deadline for completion of all requirements is met, in order to maintain certification.

Please keep in mind that the Ministry of Health, Certification Standard, specifically 10 patient contacts, as per the ALS PCS Section 6, is a completely separate stream that may require the Paramedic to complete additional education and training, in order to maintain certification. Paramedics who are required to complete additional educational components relating to this will receive separate communication from CPER.

WHAT IS THE CME DEADLINE FOR 2025?

The deadline to acquire CME credits is **Thursday January 21, 2027 at 1600hrs.**

WHAT HAPPENS IF I DO NOT COMPLETE MY MAINTENANCE OF CERTIFICATION (MOC) REQUIREMENTS?

Paramedics who do not complete the MOC requirement prescribed by CPER are not eligible for continued annual certification and are subject to administrative deactivation. If a Paramedic is administratively deactivated due to not meeting MOC requirements, the Paramedic will remain deactivated until such time that all requirements are met. Any Paramedic who has been administratively deactivated more than once over the past 5 years (including the current 2026 year) may be required to complete a remediation plan prior to reactivation. This remediation plan will be at the discretion of the CPER Education Department on behalf of CPER Medical Council.

CAN I CARRY OVER CME CREDIT FROM ONE YEAR TO THE NEXT?

Any CME credit earned in January 2027 are eligible for carryover into 2027, as long as 2026 CME credit requirements are met by January 21, 2027.

CAN I COMPLETE CME NOT IN THE CPER CME CATALOGUE?

CME credit pre-approval should be obtained from CPER prior to attending the desired program/event. **If the CME is taken without prior approval, CME credit may not be granted.**

CAN I ATTEND CME OFFERED BY OTHER BASE HOSPITALS?

Opportunities may exist for Paramedics to attend CME delivered by other Regional Base Hospital Programs (RBHP). Submission of completion/participation certificate by the respective RBHP will be required prior to CME credits being awarded by CPER. Duplicate or similar educational content will not be approved for CME credit with CPER.

WILL I GET CME CREDIT FOR CME / EDUCATION DAYS DELIVERED TO ME BY MY SERVICE?

Most often, yes, but it is dependent upon approval of educational content by CPER prior to education delivery. CME credit is often, but not always, allotted at 1 CME credit per education hour. Please refer to CPER's CME Policy (E-001) for further details.

HOW DO I REGISTER FOR A CME EVENT DELIVERED / ORGANIZED BY CPER?

Paramedics are scheduled on a first-come, first-served basis and must register via email at education@cper.ca. CPER reserves the right to cancel an event for any reason. If you are unable to attend on the day you have registered for, please contact CPER at education@cper.ca as soon as possible.

CAN I BE REIMBURSED BY CPER FOR REGISTRATION FEES FOR EXTERNAL COURSES?

CPER does not reimburse Paramedics for any fees related to registration for an education event and/or completion of CME credits. Paramedics must contact their respective Service Operators if seeking financial compensation.

CAN I RECEIVE CME CREDIT FOR REMEDIATION?

CPER does not provide Paramedics with CME credits for completion of remedial activities.

HOW CAN I OBTAIN APPROVAL FOR EXTERNAL COURSE/EDUCATIONAL ACTIVITY TO USE TOWARDS MY CME REQUIREMENTS?

If the event is not listed in this catalogue, please submit the CME Credit Request form to education@cper.ca. Your request will be reviewed and an appropriate amount of CME credit will be granted. The number of credits may or may not equal the number of hours actually spent completing the specified CME.

WHERE DO I FIND THE CME CREDIT REQUEST FORM?

The CME credit request form can be found on the CPER website or can be filled electronically [here](#)

I AM A NEWLY CERTIFIED ACP. DO I NEED TO COMPLETE ALL 24 CME CREDITS FOR THE YEAR?

Newly certified ACPs are required to obtain CME credits, on a prorated basis, depending on their initial certification date. If full ACP certification is obtained mid-way through the year, please refer to the below chart for the number of CME credits you need in order to meet your Maintenance of Certification requirements.

| Time Period of New Certification | CME Required |
|---|---------------------|
| February 1 – April 30 | APR plus 16 credits |
| May 1 – July 31 | APR plus 12 credits |
| August 1 – October 31 | APR plus 8 credits |
| November 1 – January 31 | APR plus 4 credits |

ANY OTHER QUESTIONS?

If you have any questions or require further details, please contact one of the Paramedic Educators at CPER at education@cper.ca

CPER DELIVERED CME

2026 Annual Practice Review (APR)

Paramedics that attend and successfully complete the 2026 APR will be awarded CME credit. Booking Paramedics into the APR will be the responsibility of the Service Operators.

Location: CPER Training Room; Service Operator Training locations

CME credit allotted: 8 CME credits

Advanced Cardiac Life Support (ACLS)

ACLS is a 2 day course which will help develop your skills in adult cardiac arrest management and other cardiovascular emergencies. These simulations will involve high-quality CPR, high-performance team dynamics and communication, systems of care, recognition and intervention of cardiopulmonary arrest, acute dysrhythmia, stroke, and acute coronary syndromes. You will be able to reinforce concepts, undertake skills practice, receive coaching and correction, and refine your abilities before final testing.

Dates:

February 26 and 27, 2026

June 11 and 12, 2026

July 30 and 31, 2026

October 26 and 27, 2026

Location: CPER Training Room

CME credit allotted: 12 CME credits.

Pediatric Emergency Assessment, Recognition and Stabilization (PEARS)

PEARS is a one-day course an intermediary pediatric skills that builds on BLS concepts and can be a stepping stone towards certification in Pediatric Advanced Life Support (PALS). PEARS equips healthcare providers who periodically care for pediatric patients with foundational skills to participate in the initial management of respiratory and shock emergencies, and cardiopulmonary arrest.

Dates:

March 26, 2026

March 27, 2026

August 20, 2026

August 21, 2026

November 26, 2026

November 27, 2026

Location: CPER Training Room

CME credit allotted: 8 CME credits

Pediatric Advanced Life Support (PALS)

PALS is a two-day course which aims to develop skills required to recognize and respond to cardiopulmonary arrests or other cardiovascular emergencies involving pediatric patients. These simulations will involve high-quality CPR, high-performance team dynamics and communication, and a systematic approach to pediatric assessment that includes the evaluate-identify-intervene sequence. You will be able to reinforce concepts, undertake skills practice, receive coaching and correction, and refine your abilities before final testing.

Dates:

May 28 and 29, 2026

September 17 and 18, 2026

Location: CPER Training Room

CME credit allotted: 12 CME credits

MillerTIME

A social CME event with CPER Medical Council. Networking, peer discussion, community building combine for a structured, but relaxed environment, while learning about current and important pre-hospital topics.

Dates/Locations:

February 12; EJ's Tavern at The Baden Hotel, Baden

June 18; Royal City Brewing, Guelph

October 22; location TBD

CME credit allotted: 3 CME credit per event

SIM Day

CPER SIM days are sessions involving simulated patient cases designed to enhance your clinical and technical skills through real world scenarios, with a focus on cultivating empathy, critical thinking and teamwork.

Dates/Locations:

June 30, 2026; ROWPS HQ – 1001 Erbs Rd, Kitchener

September 8, 2026; NEMS (location TBD)

CME credit allotted: 4 CME credit per event

MedTalk

CPER's one-day conference, bringing together Paramedics and Physicians, providing an opportunity to learn through case based learning and interactive discussion sessions on Prehospital and Emergency Medicine topics.

Date: November 18, 2026

Location: Carmen's Banquet Hall, Hamilton

CME credit allotted: 8 CME credit

Palliative Care

This course is designed to teach the benefits of a palliative approach to care for patients and individuals included in their care. Included will be a review of the Palliative Care Medical Directives and case studies to highlight their use.

Dates: TBD

Location: CPER Training Room

CME credit allotted: 4 CME credits

Journal Club

Journal Club is designed to create an opportunity for paramedics to share and critically discuss published literature relevant to paramedic practice. During each session, participants examine one or more research articles (or review papers), presented by someone (likely a peer paramedic or invited speaker), and then discuss the findings, methodology, and how it might impact practice.

Dates:

February 5, 2026
April 16, 2026
August 20, 2026
November 19, 2026

Location: Virtual

CME credit allotted: 2 CME Credits per event

AskMED CME

AskMED brings CPER's Medical Council in an online forum, to discuss pre-hospital issues. It provides an interactive ability for Paramedics to get clarifications on pre-hospital care, protocols, clinical decision-making, and other medical issues relevant to their practice. CME credits will be granted for attendance. Proof of attendance through submission of CME credit request form.

Dates:

February 17, 2026
May 26, 2026
August 18, 2026
November 24, 2026

Location: Virtual

CME credit allotted: 1 CME credit per event

Auxiliary Directive CME

CME credits will be granted for auxiliary medical directive CME delivered by CPER (or designate) at the request of a Service Operator.

CME credit allotted: TBD

SELF DIRECTED CME

With the introduction of Reflective Practice and Reflective Learning at CPER, our goal is to encourage Paramedics to reflect, analyze and self-direct CME activities based on individual needs. The self-directed component of our CME program provides Paramedics a variety of options that can be taken advantage of in order to obtain required CME credits within the certification year. It is expected that self-directed CME be of a different focus from year to year to allow for multi-faceted learning and professional development.

Conferences

Paramedics are encouraged to attend conferences related to the practice of Paramedicine. Any conference should be pre-approved for CME credit prior to attending (at least 2 weeks in advance of participation) through submission of the CME Credit Request form. For both pre-approval and completion of the conference/workshop, submit your request or certificate of attendance to education@cper.ca.

CME credit allotted: 1 CME credit per education hour; max of 12 CME credits per event

Self-Development courses

The following self-development courses will be awarded CME credit:

- Advanced Cardiac Life Support (ACLS)*
- Pediatric Advanced Life Support (PALS)*
- Advanced Pediatric Life Support (APLS)
- Pediatric Education for Prehospital Professionals (PEPP)
- Advanced Trauma Life Support (ATLS)
- Neonatal Resuscitation Program (NRP)
- Advanced Basic Trauma Life Support (ABTLS)
- Prehospital Trauma Life Support (PTLS)
- International Trauma Life Support (ITLS)
- KinderMedic
- Pallium Palliative Care Course (LEAP)
- PreEmergency Community Paramedic Program
- Mental Health First Aid
- ORNGE Aeromedical Course
- The Difficult Airway Course: EMS
- HEARTS ECG Interpretation

*Heart and Stroke Foundation delivered

Upon completion of the course, submit your certificate or proof of successful completion to education@cper.ca.

CME credit allotted: 1 CME credit per hour; maximum of 12 CME credits per event

Self-reflection paper

Reflective practice is an important part of a health care profession, as it affords the Paramedic the opportunity to focus on their personal practice. Reflective practice can focus on many areas of Paramedicine such as personal bias, an aspect of Paramedic culture, systemic issues or a focus on a specific call or type of call. The purpose is to examine an issue in Paramedic practice, reflect on the impact on personal practice and further both personal development and systemic change. If interested in this, please contact education@cper.ca

CME credit allotted: 2 CME credits per paper; maximum of 4 CME credits per year

Teaching

Paramedics teaching Paramedic-centered curriculum at any accredited college/university or within a Regional Base Hospital program/education event will be eligible to receive CME credits. In order to receive CME credit for teaching, submit a CME Credit Request form to education@cper.ca.

CME credit allotted: 1 CME credit per 8 hrs of instruction; max of 8 CME credits per year

Preceptorship

Paramedic mentorship is a crucial component of professional development. For this reason, any ACP or PCP preceptor will be eligible to receive CME credits. Preceptorship must be a minimum of 140 hours with the same student. In order to receive CME credit, submit a CME Credit Request form to education@cper.ca.

CME credit allotted: 4 CME credits per student; maximum of 4 CME credits per year

CME offered by other Regional Base Hospital Programs

Several opportunities exist for Paramedics to attend CME delivered by other Regional Base Hospital Programs (RBHP). Submission of a completion/participation certificate completed by the respective RBHP will be required in order for CPER to award CME credit. Submit documents to education@cper.ca

CME credit allotted: TBD

Journal article review

Paramedics may choose to review a current, relevant and peer-reviewed medical journal for CME credit. Please reach out to education@cper.ca if choosing this CME option prior to beginning for direction. Deadline for journal article review submission is January 10, 2026.

CME credit allotted: 2 CME credits per journal review; max of 8 CME credits per year

CPER Digest development

Paramedics may choose to write a CPER Digest article. Paramedics can contact a CPER Paramedic Educator at education@cper.ca prior to the development of the article in order to discuss learning objectives and topics. Submitted articles will be reviewed by CPER Education for content and validity prior to CME credit being awarded.

CME credit allotted: 2 CME credits per article; maximum of 8 CME credits per year

AskMED question submission

Paramedics are encouraged to submit a question to AskMED to receive CME credits. If a Paramedic's question is answered during the live AskMED event or by the AskMED Physicians at a later date, CME credit will be granted to that Paramedic. Questions can be submitted by on the CPER website under the AskMED section. Paramedics who watch the AskMED video and submit a summary of one of the questions will be granted CME credit as well. The summary must focus on how the question/discussion will impact your current or future Paramedic practice. Summaries can be submitted to education@cper.ca for review.

CME credit allotted: 1 CME credit per question/summary; max of 4 CME credits per year

College/University course

Proof of completion of any prehospital related course will be considered for CME credits at the discretion of the CPER Paramedic Educators. The Paramedic will be required to provide an official list of learning objectives and/or assignments, in addition to documentation of successful course completion to be considered for credit. Paramedics must complete a CME Credit Request form and submit to education@cper.ca

CME credit allotted: max of 8 CME credits for one course; max of 16 credits for two or more courses

Peer chart auditing

CPER trained Paramedic auditors can review up to 60 call audits per certification year in order to obtain CME credit. A maximum of 15 audits/month will receive CME credits. The calls audited must be ALS PCS calls where an advanced life support skill was performed or where symptom relief medications were administered. IV starts only or calls where no intervention was initiated are not eligible for CME credit. Paramedics will record the call date, call number and the date that the audit was performed on a form used internally within the CPER Base Hospital program.

CME credit allotted: see below; maximum of 4 CME credits per year

| | |
|-----------|----------|
| 15 charts | 1 point |
| 30 charts | 2 points |
| 45 charts | 3 points |
| 60 charts | 4 points |

Research project

Submission of research projects will be reviewed for CME credit. Research/case studies must be ongoing and relevant to Paramedicine. Application for CME credit consideration will include specific research techniques to be utilized, goals and expected outcomes of the research project. Paramedics are required to complete a CME Credit Request form and submit to education@cper.ca.

CME credit allotted: maximum of 8 credits per year

eModule completion

Paramedics can choose to complete eModules, from a CPER determined selection available on MedicLearn.

CME credit allotted: varies per eModule; maximum of 16 CME credits per year

Education development

Paramedics can choose to develop education pieces, which may be later utilized for CME credit by other Paramedics. Education topic must be current and relevant to Paramedic practice. Education will be reviewed by CPER Education for content and validity prior to CME credit being granted. Detailed criteria is available and can be obtained from CPER Education at education@cper.ca prior to beginning development.

CME credit allotted: 8 CME credits; maximum of 8 CME credits per year

Paramedic competition

Paramedics who are involved in the National Paramedic Competition, either as a participant or as a judge, will be eligible to receive CME credit. Submission of a completed attendance/participation certificate will be required in order for CPER to award CME credit.

Submit documents to education@cper.ca

CME credit allotted: 1 CME credit per hour; maximum of 8 CME credits per year

Other

Paramedics may seek approval for other potential CME opportunity. Please complete the "CME Credit Request" form located [here](#).

As learning opportunities become available/scheduled throughout the year, offered either by CPER or through an outside agency, Paramedics will have the opportunity to participate. The details of these courses will be communicated via email or CPER social media channels as information becomes available.

CME credit allotted: TBD/per case