

Return to Practice Individual Needs Self-Assessment

The goal of CPER’s Return to Practice (RTP) process is to offer a Paramedic the opportunity to reorient themselves to the clinical environment after a period of absence, in a supportive and educational manner. Please complete this form and return it to your Service. The information gathered will be used in a partnership approach with you to develop your Individualized RTP plan and to help prepare you for a safe return to the road. Confidence in a particular area is important to recognize while we touch base in all required areas.

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|---------------------------------|
| Date: |
| Employee Name: |
| Certification Level: |
| Date of Last Clinical Activity: |

As you have been away from active paramedic practice for some time, we would like you to reflect on your current comfort level with the listed skills below, from 1-5.

| | <i>Needs Review</i> | <i>Confident</i> | <i>List directives requiring review</i> |
|--|-------------------------------|------------------|---|
| Cardiac <ul style="list-style-type: none"> • <i>Cardiac Ischemia</i> • <i>Tachydysrhythmia</i> • <i>Bradyarrhythmia</i> • <i>ACPE</i> • <i>Cardiac Arrest (medical,, hypothermia, FBAO, pediatric, neonatal)</i> • <i>ROSC</i> • <i>Cardiogenic Shock</i> • <i>Hyperkalemia</i> | 1 2 3 4 5 | | |
| Respiratory <ul style="list-style-type: none"> • <i>Salbutamol</i> • <i>CPAP</i> • <i>Epinephrine [croup, asthma, anaphylaxis]</i> • <i>Tracheostomy Tube Emergency Care (Reinsertion, Suctioning)</i> | 1 2 3 4 5 | | |

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| <p>LOC</p> <ul style="list-style-type: none"> • Hypoglycemia • Seizure • Opioid Toxicity • Adrenal Crisis • Combative patient | <p>1 2 3 4 5</p> | |
| <p>Procedural</p> <ul style="list-style-type: none"> • IM drug administration • IV initiation • IO initiation • Airway adjuncts (NPA, OPA, intubation, SGA, Bougie) • Needle Thoracostomy • Emergency Dialysis Disconnect • Patellar Relocation • Emergency Childbirth | <p>1 2 3 4 5</p> | |

During your absence, have you been participating in any clinical environments or learning that may be relevant to your paramedic practice or may impact your RTP plan? Please explain.

Is there any areas of discomfort or any particular topic that you would like further education/practice with during your RTP that is not listed above?